

## Reflection for Sunday July 4, 2021

### The Fourteenth Sunday of Ordinary Time

from Jon Metz

Today, I want to focus on the second reading from St. Paul to the Corinthians. Paul quotes God saying, "My grace is sufficient for you, for power is made perfect in weakness." This citation has also been recently popularized by the praise and worship song saying, "Your grace is enough for me." This is a comforting phrase when we feel depleted and empty. Even when we are beat down and have nothing to give, we still have God's grace. "Your grace is enough for me."

St Ignatius embraced this idea too in his first principle. He stated that we should not pray for health over sickness or wealth over poverty or even a long life instead of a short life, because we experience God wherever we are. If our circumstances were different, maybe we would not be as receptive to God's grace and love. Sometimes in our suffering we are the most open to God's presence in our life.

So in your struggle try to keep at the center that God's grace is enough.

- Do you find yourself wishing for different life circumstances?
- Are you able to keep focused on God's grace in your life?
- Are you able to share that message with other people in your life who are struggling?