

Reflection for Sunday May 9  
6<sup>th</sup> Sunday of Lent

from Jon Metz

The Beatles said it well, "All you need is love." But of course, well before the Beatles in the letter of John it is stated "God is Love." Before John, Jesus said, "Love one another as I love you." Are you sensing a theme? Of course, love is the theme of this Sunday's readings. I love Sundays like this, because it just reminds us of this simple truth: "Love is all we need." We tend to make it more complicated, but it is not. It is all about love. When our life is in balance and our faith is focused, love is present. When we are out of balance, we are probably not giving or receiving love. In today's Gospel, Christ says, "Love one another." I have often thought that, if we could just do this, everything would be ok. Could it be that simple?

- What do you think? Is it that simple? Can love cure all?
- Who do you need to show more love?
- Who do you need to receive more love from?