## **Solemnity of the Most Holy Trinity**

## Reflection for May 30, 2021

## from Jon Metz

In this week's Gospel we hear Jesus saying to the disciples, "I am always with you, until the end of the age." We are reminded that we are never alone. God is with us always. God might not be present in the way we want or expect, but God is with us always. Just like after Jesus was crucified, some of the disciples didn't recognize him on the Road to Emmaus. Just like after Jesus ascended, the disciples weren't expecting the Holy Spirit. God presents in different ways. We need to keep our eyes open, but God is always present.

In the first reading today Moses describes different signs that God uses to present to his people. He says, "Did you ever hear the voice of God speaking from the midst of fire?" Moses goes on to say sometimes God tests, sometimes God shows signs and wonders. Even when we are hurt, alone, suffering, God is with us. The question is are we looking for God? Are our eyes open to seeing the presence of God in our world today?

- Do you believe God is with you always?
- Can you think of a time you did not feel the presence of God?
- Can you think of a time God has given you a sign?