

## Reflection for April 4 2021

### Easter Sunday

from Jon Metz

“On the first day of the week, Mary Magdalen came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb.” What do you think went through Mary’s heart and mind during this moment? Confused? Scared? Excited? When we come across something miraculous, often there is not one emotion that surfaces but many. Often it is difficult to distinguish or recognized what one is feeling. When asking a new mother how her delivery was, she might say, “It was the most wonderful moment of my life... it was also the scariest!” Both are true. This must have been how Mary and the disciples felt when they had an encounter with the risen Christ. I am sure it was difficult to articulate what that moment was like for them. We are limited by our words, and often the most miraculous moments of our lives may be quite challenging to articulate. So we are left to imagine the encounter with the resurrected Christ!

- What do you think Mary was thinking and feeling as she approached the empty tomb?
- Can you think of one of these miraculous moments in your life?
- How do you tell the story of this miraculous moment to friends and family? Is it challenging to get across the feeling?